



Greenway

Women's Centre

Monthly Newsletter

Welcome to the December 2017 edition of the Greenway Newsletter

Courses and Events at Greenway Women's Centre

Women In Peacebuilding: Self Confidence Course

Greenway Women's Centre, in partnership with Falls Women's Centre and Shankill Women's Centre, is taking part in a Cross Community Project, Women in Peacebuilding.

This is a free project for women and will involve a variety of workshops and educational visits. As part of the Project, Greenway Women's Centre will be hosting a 7-week Self Confidence course, beginning in the New Year. (Start Date/ Times to be confirmed.)

Please Note: Enrolment for all courses must be made in person.

To register or further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

East Belfast Community Health Champions

East Belfast Community Health Champions meet at Greenway Women's Centre every Monday, between 10am and 12.30pm, to discuss a wide variety of health-related topics.

They are currently looking for more people to get involved with these meetings.

If you are interested in getting involved or would like more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org



On Thursday 9 November a group of staff and volunteers from Greenway attended a charity bowling tournament organised by Woodstock Lodge. Unfortunately they didn't win anything but they had a fun morning taking part!

At Greenway Women's Centre we offer:

- Top Quality Childcare Services
- Family Support Services
- Education & Training Programmes
- Essential Skills Support
- Health & Wellbeing Courses
- Volunteering Opportunities
- Free Classes
- Workshops
- Special Events

Opening Hours: 9am-4pm, Monday-Friday

Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.

Christmas Holidays

Greenway Women's Centre will close for the Christmas Break on **Friday 15 December 2017.**

The Centre will reopen on **Tuesday 2 January 2018.**

The Board of Directors of Greenway Women's Group would like to take this opportunity to wish all Centre users a very happy Christmas and a safe and peaceful New Year.



Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre. Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception; Drop-In; Cleaning; Childcare.

All volunteers must be successfully vetted through Access NI before they can commence their role.

All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Julieanne Thompson or Liz Oslon on 9079 9912.

Stepping Stone Employability Project

If you are unemployed and looking for employment Stepping Stone can offer support and advice on a range of issues, including CVs, qualifications and confidence building. An Employment Mentor holds a Drop In at Greenway Women's Centre on **Monday mornings**, between 10am and 12pm, offering FREE practical help and support.

For more information please contact Greenway on 9079 9912.



Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

If you would like to attend please contact Helen Harris on 9079 9912.

Wonder Women

Wonder Women are group for young (and youngish!) women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

For more information please contact Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Fibromyalgia Support Group

This new support group meets every other Thursday, between 11.30am and 1.30pm.

Meetings this month:

Thursday 14 December

For more information please contact Helen Harris on 9079 9912.

Get on the Greenway Mailing List

If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to

Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

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