



Greenway

Women's Centre

Monthly Newsletter

Welcome to the December 2018 edition of the Greenway Newsletter

Courses and Events at Greenway Women's Centre

Pain Management Support Group

Greenway will be hosting a Pain Management Support Group meeting on:

Monday 10 December (10.15am-11.15am)

Pain Management Support Group: New Session

A new session of the Pain Management Support Group will be starting at Greenway in the New Year. The group will meet on Monday mornings for 6 weeks, before moving to monthly meetings.

Start Date: Monday 7 January 2019, 10.15am-11.15am

These meetings are free and facilitated by EBCDA.

To register or for further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

Christmas Craft Morning

Greenway Women's Centre will be hosting a Christmas Craft Morning for women on **Monday 10 December**, 10am-12pm.

This event is free and will be facilitated by Women'sTec

If you would like to attend please contact Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

Mobile Volunteering Event

Greenway Women's Centre will be hosting a Volunteer Now Mobile Volunteering Event on **Wednesday 12 December**, 10am-1pm, to help prepare items to be sold in Oxfam Shops.

If you would like to get involved please contact Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

International Women's Day 2019

As part of a project for International Women's Day 2019 Greenway will be organising a coffee morning in the New Year when women can showcase their stories of women who have influenced their lives.

If you would like to take part in the project please contact Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.

Christmas Holidays

Greenway Women's Centre will close on Friday 14 December 2018 for the Christmas Break. The Centre will reopen on Wednesday 2 January 2019.

The Board of Directors of Greenway Women's Group would like to take this opportunity to wish all Centre users a very happy Christmas and a safe and peaceful New Year.





Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.

Stepping Stone Employability Project

If you are unemployed and looking for employment the Stepping Stone Project can offer support and advice on a range of issues, including CVs, qualifications and confidence building.

An Employment Mentor holds a Drop In at Greenway Women's Centre on Wednesday mornings, between 10am and 12pm.

Stepping Stone - FREE practical help and support for job seekers.

For more information please contact Greenway on 9079 9912.



Belfast City Council

Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

For more information please contact Helen Harris on 9079 9912.

Wonder Women

Wonder Women are group of young women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to

Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

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