



Greenway

Women's Centre

## Monthly Newsletter

***Welcome to the February 2018 edition of the Greenway Newsletter***

### **Courses and Events at Greenway Women's Centre**

#### **Women In Peacebuilding: Self Confidence Course**

Start Date/Times to be confirmed (7 weeks)

*Women in Peacebuilding is a Cross Community Project for women, hosted by Greenway Women's Centre in partnership with Falls Women's Centre and Shankill Women's Centre.*

#### **Oh Woman Workshops**

**Tuesday 6 February & Thursday 8 February, 9.30am-11.30am**

This 2-day workshop for women will explore female confidence, leadership, community and health & wellbeing.

#### **Nexus NI Bystander Intervention Workshops**

**Tuesday 20 February & Thursday 22 February, 9.30am-11.30am**

These interactive sessions allow women to discuss times they may have witnessed an incident such as harassment and wanted to help but didn't know how and will present ideas on how we can all intervene safely as active bystanders.

***Please Note: Enrolment for all courses must be made in person.***

**To register or further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912    E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

### **East Belfast Community Health Champions**

East Belfast Community Health Champions meet at Greenway Women's Centre every Monday, between 10am and 12.30pm, to discuss a wide variety of health-related topics.

**If you are interested in getting involved or would like more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912    E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)**

### **Date for your Diary...**

**Greenway Women's Centre will be holding a Health Day event on Wednesday 7 March, between 10am-2pm.**

***More details in next month's newsletter.***

**For further information please contact Helen Smyth.**

### **At Greenway Women's Centre we offer:**

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities • Free Classes •
- Workshops • Special Events •

**Opening Hours: 9am-4pm, Monday-Friday**

***Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.***

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.

### Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre. Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

**Roles available: Reception; Drop-In; Cleaning; Childcare.**

*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

**Full training is provided prior to commencing any volunteering role.**

**If you are interested in volunteering at Greenway Women's Centre, please contact Julieanne Thompson or Liz Oslon on 9079 9912.**

### Stepping Stone Employability Project

If you are unemployed and looking for employment Stepping Stone can offer support and advice on a range of issues, including CVs, qualifications and confidence building. An Employment Mentor holds a Drop In at Greenway Women's Centre on **Monday mornings**, between 10am and 12pm, offering FREE practical help and support.

**For more information please contact Greenway on 9079 9912.**



**Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

**If you would like to attend please contact Helen Harris on 9079 9912.**

### Wonder Women

Wonder Women are group for young (and youngish!) women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

**For more information please contact Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### Fibromyalgia Support Group

This new support group meets every other Thursday, between 11.30am and 1.30pm.

**Meetings this month:**

**Thursday 8 February & Thursday 22 February**

**For more information please contact Helen Harris on 9079 9912.**

### Get on the Greenway Mailing List

**If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to**

**Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912 E: training@greenwaywomenscentre.org**



**'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

**19 Greenway, Cregagh Estate, Belfast BT6 0DT**

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