

Greenway

Women's Centre

Monthly Newsletter

Welcome to the February 2019 edition of the Greenway Newsletter

Courses and Events at Greenway Women's Centre

Bowel Cancer Screening Awareness Workshop

Greenway Women's Centre will be hosting a Bowel Cancer Screening Awareness Workshop on Monday 4 February, 10am-12.30pm.

This workshop is free and will be facilitated by WRDA.

Basic Food Hygiene Training

Greenway Women's Centre will be hosting Basic Food Hygiene Training (Level 1) on Monday 11 February, 9.30am-12.00pm.

This training is free and will be facilitated by EBCDA. Please register in advance.

Pain Management Support Group

Meetings this month:

Monday 4 February, 10.15am-11.15am

Monday 11 February, 10.15am-11.15am

These meetings are free and facilitated by EBCDA.

To register or for further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org



International Women's Day 2019

As part of a project for International Women's Day 2019 Greenway hosted a coffee morning on Wednesday 23 January and the women who took part in the project shared stories about the inspirational women who have shaped and influenced their lives.

The project proved very popular and some of the stories are currently on display at the Greenway Drop In.



Thanks to everyone who attended the WSN Focus Group last month. If you are interested in attending any future focus group meetings please contact Greenway on 9079 9912.

At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities • Free Classes •
- Workshops • Special Events •

Opening Hours: 9am - 4pm, Monday - Friday

Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.

Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.

Stepping Stone Employability Project

If you are unemployed and looking for employment the Stepping Stone Project can offer support and advice on a range of issues, including CVs, qualifications and confidence building.

An Employment Mentor holds a Drop In at Greenway Women's Centre on Thursday mornings, between 10am and 12pm.

Stepping Stone - FREE practical help and support for job seekers.

For more information please contact Greenway on 9079 9912.



Belfast City Council

Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

For more information please contact Helen Harris on 9079 9912.

Wonder Women

Wonder Women are group of young women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to

Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org



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'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
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