

Volunteer Programme

Do you:

- ★ want to get out of the house?
- ★ need to build up confidence?
- ★ want to meet new people?
- ★ need time for yourself?

If you answered 'yes' to any of these questions then contact us to find out what we can offer you!

Volunteering Roles:

Reception
Cleaning
Drop-In Café
Childcare

For further details and information about volunteering at Greenway please contact Helen or Liz on 028 9079 9912.

Family Support

Greenway provides a range of services and activities for women and their families.

These services include:

- Fun Activities, Parenting Advice and more structured support, including:
 - Personal Development
 - Family Drop In
 - Trips & Events
 - Guidance & Information Service
 - Lunch Club

If you fancy a chat or wish to find out more about the Family Support Service please contact Lindsay Cooper on 028 9079 9912.

Other Groups at Greenway

Recycled Teenagers

For Women over 50

Day: **Tuesday**

Time: **11.30am to 1.30pm**

Cost: **please speak to tutor**

If you would like to take part in this class please contact:

Helen Harris: 028 9079 9912

Focus Groups/One-off Workshops

Expression of Interest:

If you would like to take part in Focus Groups/One-off Workshops please register with Helen Smyth, Training & Education Officer:
T: 028 9079 9912

E: training@greenwaywomenscentre.org

East Belfast Mission – Stepping Stone

Expression of Interest:

Stepping Stone offers support and advice regarding CVs, job applications etc. For more information please register with Helen Smyth, Training & Education Officer:
T: 028 9079 9912

E: training@greenwaywomenscentre.org

Women's Empowerment Project

For Women aged 25 to 44

Day: **Wednesday**

Time: **9.30am to 11.30am**

Cost: **please speak to tutor**

If you would like to take part in this class please contact Greenway's Training & Education Officer:

Helen Smyth: 028 9079 9912

Greenway Women's Group

SERVICE PROGRAMME September 2019



'Greenway Women's Group exists to provide positive opportunities for women to achieve their potential, through recognising and respecting them as individuals. We achieve this by breaking down the barriers which prevent women's full participation in society; specifically targeting social need within Cregagh and the wider community.'

Greenway Women's Centre
19 Greenway
Cregagh Road
Belfast
BT6 0DT

☎ 028 9079 9912

www.greenwaywomenscentre.org
facebook.com/GreenwayWomensCentre



Greenway
Sessional Day Care

Greenway Sessional Day Care provides top quality childcare for pre-school children.

Greenway Sessional Day Care is operated by eight childcare workers.

Childcare staff are qualified in Childcare & Education, Child Protection and First Aid.

All staff, volunteers and trainees are vetted by Social Services.

For further details please contact:

Joanne Leetch on 028 9079 9912
or call in to Greenway.

Please note: as we are a registered Sessional day care and not full day care there are some restrictions on the length of time your child can attend the Sessional day care in one day. These restrictions are kept to two two-hour sessions. Therefore, the maximum length of time your child can attend the Sessional day care in one day is a total of four hours.

Class/Group	Start Date	Time	Duration	Cost/Extra Notes
MONDAY				
Knitting Class	9 September 2019	11.30am-1.30pm	10 weeks	£10 (complimentary therapy)
Step 1 Computer Class	23 September 2019	9.30am-11.30am	30 weeks	Voluntary donation £10 (accredited course)
Pain Management	9 September 2019	10am-11.30am	Monthly	Free (complimentary therapy)
Hospitality Course	9 September 2019	9.30am-12.30pm	8 weeks	Free (accredited course)
TUESDAY				
Essential Skills Literacy Class	17 September 2019	9.30am-11.30am	30 weeks	Voluntary donation £10 (accredited course)
WEDNESDAY				
Women's Empowerment Project	11 September 2019	9.30am-11.30am	Ongoing	Free (accredited course) New Group
Older Women's Support Group	11 September 2019	11.30am-1.30pm	10 weeks	See tutor on first day of class (complimentary therapy) New Group
Cyber Safety workshop	18 & 25 September 2019	10am-12pm	2 sessions	Free (accredited course)
CV and Employability Training	2 & 9 October 2019	9.30am-11.30am	2 sessions	Free (accredited course)
THURSDAY				
Basic Hygiene Food Safety Level 2	19 September 2019	9.30am-12.30pm	1 session	Free (accredited course)
Step 1 Computer Class	26 September 2019	9.30am-11.30am	30 weeks	Voluntary donation £10 (accredited course)
Essential Skills Numeracy Class	19 September 2019	9.30am-11.30am	30 weeks	Voluntary donation £10 (accredited course)
FRIDAY				
East Belfast Health Champions	6 September 2019	9.30am-11.30am	Monthly	Free (complimentary therapy)
Self Confidence Class	13 September 2019	9.30am-11.30am	8 weeks	Free (accredited course)
Basic ICT Course	13 September 2019	9.30am-12.30pm	8 weeks	Free (accredited course)
Creative Writing Class	13 September 2019	11.30am-1.30pm	10 weeks	£30 (complimentary therapy)

Enrolment for all classes will take place from Monday 2 September until Friday 6 September 2019, between 9.30am and 1.30pm daily.

Please Note: You **must** register in person for all classes

If you would like to discuss any aspect of the programme, please contact Helen Smyth at Greenway Women's Centre.
Telephone: 028 9079 9912 ext 202 (9am-1pm) or Email: training@greenwaywomenscentre.org