



Monthly Newsletter

Welcome to the January 2017 edition of the Greenway Newsletter

New Year Courses at Greenway Women's Centre

Knitting Class

A new session of the Knitting Class starts Monday 9 January, 11.30am - 1.30pm

Breast, Cervical & Bowel Cancer Screening Awareness Workshops

Greenway Women's Centre will be hosting a series of workshops to raise awareness of breast, cervical and bowel cancer screening.

Wednesday 11, 18 & 25 January, 10am-12.15pm

These informal workshops, delivered by Women's Resource & Development Agency (WRDA), have been designed to encourage participants to avail of the screening services on offer and to explore and address concerns surrounding the screening process.

Please Note: In order to host these workshops we would need to register a group of 8 women.

Level 1 Childcare Course

Greenway will be hosting a Level 1 Childcare Course in January 2017, in partnership with EBM.

Those taking part must be currently unemployed and resident in East Belfast (BT4, BT5, BT6)

You must register in advance for this course. Enrolment for all courses must be made in person.

History Project

A new history project, Living Legacies 1914-1918, will starting at Greenway in January 2017.

Want to try something different???

Greenway, in partnership with GEMS NI, will be hosting new courses for 16-24 year olds.

- Nails ●
- Health & Safety, Manual Handling & First Aid ●
- CSR Training ●

Start date/times to be confirmed

You must register in advance for these courses. Enrolment for all courses must be made in person.

The above courses are for 16-24 year olds not in employment, education or training and will be delivered in partnership with GEMS NI. These courses are open to women and men.

For further information on all aspects of training and education at Greenway please contact Greenway's Mentor & Training Support Worker, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

WINI will be holding their next Information Day at Greenway Women's Centre on Tuesday 10 January, from 10am-12pm. Everyone welcome.

Cost: £1 (includes refreshments)

East Belfast Community Health Champions will be holding health meetings at Greenway Women's Centre this month.

Everyone welcome.

Friday 13 January, 10am-12pm - Topic: Healthy Eating

Friday 27 January, 10am-12pm - Topic: Sexual Health

Congratulations to Stella McCuthen, the lucky winner of the Greenway Christmas Hamper ballot.

Turn Up & Try Event - Wednesday 11 January, 11am-1pm

Volunteer Now, in partnership with Keep Northern Ireland Beautiful, are looking for a group of volunteers from Greenway to take part in a litter-pick around the Cregagh area on Wednesday 11 January.

**If you are interested in getting involved please contact
Greenway's Mentor & Training Support Worker, Helen Smyth.**

T: 028 9079 9912 E: training@greenwaywomenscentre.org

Employers For Childcare Advice Sessions

Employers For Childcare will be holding one-to-one advice sessions with parents at Greenway Women's Centre on **Thursday 26 January**, between 10am and 2pm. Childcare Benefits Advisors provide free, impartial and confidential advice and information to parents on a wide range of issues including Social Security benefits, tax credits, help with childcare costs, entitlement to free school meals and other means tested benefits.

**To book a 20 minute session or for further information please contact
Greenway's Mentor & Training Support Worker, Helen Smyth.**

T: 028 9079 9912 E: training@greenwaywomenscentre.org

**Greenway Family Support Services are available each weekday, 10am-1.30pm.
For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Young Women's Group

Following the successful development of our over 50's women's group, the Recycled Teenagers, we are setting up a new group for young (or young-ish!) women.

The first meeting will take place on **Wednesday 11 January**, 9.30am-11.30am.

If you are interested in getting involved please contact Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

South & East Belfast Fibromyalgia Group

This support group meets at Greenway on the second Monday of each month, 11.30am-1.30pm.

For further information please contact Greenway on 9079 9912.

Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

If you would like to attend please contact Helen Harris on 9079 9912.

Get on the Greenway Mailing List

**If you would like to be added to our mailing list to receive information
on the latest classes and events happening at Greenway Women's Centre,
please forward details of your name and email address to
Greenway's Mentor & Training Support Worker, Helen Smyth.**

T: 028 9079 9912 E: training@greenwaywomenscentre.org



**'Providing local, accessible services to women and their families
in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
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