



Welcome to the January 2019 edition of the Greenway Newsletter

Courses and Events at Greenway Women's Centre

Pain Management Support Group: New Session

Greenway will be hosting a new session of the Pain Management Support Group, which will meet on Monday mornings for 6 weeks, before moving to monthly meetings.

Start Date: Monday 7 January 2019, 10.15am-11.15am

These meetings are free and facilitated by EBCDA.

Focus Group: Wednesday 16 January, 10am-11am

Greenway Women's Centre will be hosting a Focus Group meeting on Wednesday 16 January, to discuss the impact of Austerity on women's everyday lives.

This Focus Group will be facilitated by WSN

Health and Social Care Course

Greenway Women's Centre, in partnership with EBM Lemis+ Project, will be hosting an 8-week Health & Social Course, beginning in January 2019.

Those taking part must be currently unemployed or working less than 16 hours per week and resident in East Belfast: BT4, BT5, BT6.

Start Date: Thursday 24 January, 9.30am-12.30pm

You must register in advance for this course. Enrolment for all courses must be made in person.

To register or for further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

International Women's Day 2019

As part of a project for International Women's Day 2019 Greenway will be hosting a coffee morning on **Wednesday 23 January**, 10am-12pm, when women can showcase their stories of women who have influenced their lives.

If you would like to take part in the project please contact Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org

Volunteer Meeting: Wednesday 9 January, 9.30am

A Volunteer meeting will be held at Greenway Women's Centre on Wednesday 9 January to discuss roles, development and upcoming events. If you are interested in volunteering at Greenway please come along to the meeting to find out how you can get involved.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org



A huge thank you to @InKindDirect and @Disney_UK who donated 48 Mickey Mouse toys to the Greenway Childcare Department last month. These were gifted to all the children who visited Santa at the Greenway Grotto.
#GiftMagic #IKDisneyMagic

Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.

Stepping Stone Employability Project

If you are unemployed and looking for employment the Stepping Stone Project can offer support and advice on a range of issues, including CVs, qualifications and confidence building.

An Employment Mentor holds a Drop In at Greenway Women's Centre on Wednesday mornings, between 10am and 12pm.

Stepping Stone - FREE practical help and support for job seekers.

For more information please contact Greenway on 9079 9912.



Belfast City Council

Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

For more information please contact Helen Harris on 9079 9912.

Wonder Women

Wonder Women are group of young women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to

Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 E: training@greenwaywomenscentre.org



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
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