



## Monthly Newsletter

*Welcome to the May 2017 edition of the Greenway Newsletter*

### **Courses and Events at Greenway Women's Centre**

#### **Personal Development Training**

**Start Date: Monday 8 May, 9.30am-12.30pm**

Greenway will be hosting an 8-week Personal Development Course, beginning Monday 8 May.

This course is free and will be delivered as part of the Lemis+ Project.

You must register in advance for this course. Enrolment for all courses must be made in person.

#### **Home Safety Check Event**

**Tuesday 9 May, 11am-12pm**

Greenway will be hosting a Home Safety Check event on Tuesday 9 May.

This event is free and will be delivered by Belfast City Council.

#### **Dementia Awareness Workshop**

**Wednesday 17 May, 10am-12pm**

Greenway will be hosting a Dementia Awareness Workshop on Wednesday 17 May.

This workshop is free and will be delivered by the Alzheimer's Society.

#### **CSR Training**

**1-day Course (Date/time to be confirmed)**

Greenway, in partnership with GEMS NI, will be hosting a one-day CSR Training course for 16-24 year olds not in employment, education or training.

This course is open to women and men.

You must register in advance for this course. Enrolment for all courses must be made in person.

#### **Health & Safety, Manual Handling & First Aid**

**1-Day Course (Date/time to be confirmed)**

Greenway, in partnership with GEMS NI, will be hosting a one-day Health & Safety, Manual Handling & First Aid course for 16-24 year olds not in employment, education or training.

This course is open to women and men.

You must register in advance for this course. Enrolment for all courses must be made in person.

**For further information on all aspects of training and education at Greenway please contact Greenway's Mentor & Training Support Worker, Helen Smyth.**

**T: 028 9079 9912    E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

**Greenway Women's Centre will be closed on Monday 1 May for the May Day holiday.  
The Centre will reopen on Tuesday 2 May.**

**The Centre will also be closed on Monday 29 May for the Spring bank holiday.  
The Centre will reopen on Tuesday 30 May.**

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.

### Could you be a Greenway Volunteer?

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre. Not only is volunteering an excellent way to meet new people and develop new skills, it can also help build confidence and self esteem.

**Roles available: Reception; Drop-In; Cleaning; Childcare.**

*Please note:*

*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

**Full training is provided prior to commencing any volunteering role.**

**If you are free on Fridays and are interested in volunteering at Greenway Women's Centre, please contact Julieanne Thompson or Liz Oslon on 9079 9912.**

### Stepping Stone Employability Project

The Stepping Stone Employability Project holds a weekly outreach support Drop In at Greenway Women's Centre on **Tuesday mornings**, between 10am and 12pm.

If you are unemployed and looking for employment Stepping Stone can offer support and advice on a range of issues, including CVs, qualifications and confidence building.

An Employment Mentor will be available each week to provide FREE practical help and support.

**For more information please contact Greenway on 9079 9912.**



**Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### Wonder Women

Wonder Women, a new group for young (and youngish!) women, will meet at Greenway every Wednesday, 10am-12pm.

**If you would like to attend please contact Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

**If you would like to attend please contact Helen Harris on 9079 9912.**

### Get on the Greenway Mailing List

**If you would like to be added to our mailing list to receive information on the latest classes and events happening at Greenway Women's Centre, please forward details of your name and email address to Greenway's Mentor & Training Support Worker, Helen Smyth.**

**T: 028 9079 9912 E: training@greenwaywomenscentre.org**



**'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399

Northern Ireland Registered Charity No. NI C100610

Inland Revenue Charity No: XR34419

**19 Greenway, Cregagh Estate, Belfast BT6 0DT**

**T:028 9079 9912 E:manager@greenwaywomenscentre.org W:www.greenwaywomenscentre.org**