



Greenway

Women's Centre

## Monthly Newsletter

***Welcome to the November 2017 edition of the Greenway Newsletter***

### **Courses and Events at Greenway Women's Centre**

Greenway Women's Centre, in partnership with Falls Women's Centre and Shankill Women's Centre, will be taking part in a Cross Community Project, Women in Peacebuilding, starting this month. This is a free project for women and will involve a variety of workshops and educational visits.

#### **Women In Peacebuilding: Women In Politics**

As part of the Women in Peacebuilding Project, Greenway Women's Centre will be hosting a 7-week accredited course, Women in Politics, starting on Tuesday 14 November, 10am-12pm.

#### **Women In Peacebuilding: Dealing With The Past**

As part of the Women in Peacebuilding Project, Greenway Women's Centre will be hosting a 7-week accredited course, Dealing with the Past, starting on Tuesday 14 November, 12.30pm-2.30pm.

#### **Women In Peacebuilding: Self Confidence**

As part of the Women in Peacebuilding Project, Greenway Women's Centre will be hosting a 7-week Self Confidence course. (Start Date/ Times to be confirmed.)

Please Note: Enrolment for all courses must be made in person.

**To register, or further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912    E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

### **Fibromyalgia Support Group**

**A representative from Fibromyalgia NI will be visiting the Fibromyalgia Support Group at Greenway Women's Centre on Thursday 2 November, from 11.30am.**

*Everyone welcome.*

**If you would like to attend please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912    E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)**

### **Could you be a Greenway Volunteer?**

**We are currently looking for volunteers to cover the Greenway Drop-In on Fridays, between 12pm and 1.30pm**

*All volunteers must be successfully vetted through Access NI before they can commence their role.*

***Full training is provided prior to commencing any volunteering role.***

**If you are able to help out, please contact Julieanne Thompson or Liz Oslon on 9079 9912.**

### **At Greenway Women's Centre we offer:**

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities • Free Classes •
- Workshops • Special Events •

**Opening Hours: 9am-4pm, Monday-Friday**

***Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.***

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.

### **Volunteering Opportunities at Greenway**

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre. Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

**Roles available: Reception; Drop-In; Cleaning; Childcare.**

*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

**Full training is provided prior to commencing any volunteering role.**

**If you are interested in volunteering at Greenway Women's Centre, please contact Julieanne Thompson or Liz Oslon on 9079 9912.**

### **Stepping Stone Employability Project**

If you are unemployed and looking for employment Stepping Stone can offer support and advice on a range of issues, including CVs, qualifications and confidence building. An Employment Mentor holds a Drop In at Greenway Women's Centre on **Monday mornings**, between 10am and 12pm, offering FREE practical help and support.

**For more information please contact Greenway on 9079 9912.**



**Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### **Recycled Teenagers**

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

**If you would like to attend please contact Helen Harris on 9079 9912.**

### **Wonder Women**

Wonder Women are group for young (and youngish!) women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

**For more information please contact Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### **Fibromyalgia Support Group**

This new support group meets every other Thursday, between 11.30am and 1.30pm.

**Meetings this month: Thursday 12 October; Thursday 26 October**

*There will also be a special meeting with Fibromyalgia NI on Thursday 2 November at 11.30am.*

**For more information please contact Helen Harris on 9079 9912.**

### **Get on the Greenway Mailing List**

**If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to**

**Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912 E: training@greenwaywomenscentre.org**



**'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

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