



Greenway

Women's Centre

## Monthly Newsletter

***Welcome to the October 2018 edition of the Greenway Newsletter***

### **Courses and Events at Greenway Women's Centre**

#### **Step 1 Computer Class**

There are still some places available on the Step 1 Computer Class, delivered by BMC, which is being held at Greenway on Monday mornings, 9.30am-11.30am.

This is a 30 week course. Voluntary Donation: £10.

#### **Pain Management Support Group**

Greenway will be hosting a Pain Management Support Group, which will meet on Monday mornings for 6 weeks, before moving to monthly meetings.

This course is free and will be delivered by EBCDA.

**Start Date: Monday 15 October, 10.15am-11.15am**

#### **Dealing With The Past**

Greenway will be hosting a 6-week Dealing With The Past course, which will begin in November.

This course is free and part of the Good Relations Project.

**Start Date: Tuesday 6 November, 11.30am-1.30pm**

**To register or for further information on all aspects of training and education at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912    E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

### **Volunteers Needed**

We are currently looking for volunteers to cover the Greenway Drop-In.

This role involves serving tea and coffee during class breaks and keeping the Drop-In area clean and tidy.

**Shifts available: Wednesdays, Thursdays, Fridays (9am-11am or 11am-1pm)**

*All volunteers must be successfully vetted through Access NI before they can commence their role.*

***Full training is provided prior to commencing any volunteering role.***

**If you are interested in joining the Greenway volunteer team please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912    E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)**

### **At Greenway Women's Centre we offer:**

- Top Quality Childcare Services
- Family Support Services
- Education & Training Programmes
- Essential Skills Support
- Health & Wellbeing Courses
- Volunteering Opportunities
- Free Classes
- Workshops
- Special Events

**Opening Hours: 9am - 4pm, Monday - Friday**

***Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.***

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.

**Volunteering Opportunities at Greenway**

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre.

**Roles available: Reception\*; Drop-In\*; Cleaning\*; Childcare\*\***

*\*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*\*\*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

**Full training is provided prior to commencing any volunteering role.**

Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

**If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.**

**Stepping Stone Employability Project**

If you are unemployed and looking for employment the Stepping Stone Project can offer support and advice on a range of issues, including CVs, qualifications and confidence building.

**An Employment Mentor holds a Drop In at Greenway Women's Centre on Wednesday mornings, between 10am and 12pm.**

Stepping Stone - FREE practical help and support for job seekers.

**For more information please contact Greenway on 9079 9912.**



Belfast City Council

**Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

**Recycled Teenagers**

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

**For more information please contact Helen Harris on 9079 9912.**

**Wonder Women**

Wonder Women are group of young women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

**For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

**If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to**

**Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912 E: training@greenwaywomenscentre.org**



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**'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

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