

## Volunteer Programme

Do you:

- ★ want to get out of the house?
- ★ need to build up confidence?
- ★ want to meet new people?
- ★ need time for yourself?

If you answered 'yes' to any of these questions then contact us to find out what we can offer you!

### Volunteering Roles:

Reception  
Cleaning  
Drop-In Café  
Childcare

For further details and information about volunteering at Greenway please contact Julieanne or Liz on 028 9079 9912.

## Family Support

Greenway provides a range of services and activities for women and their families.

These services include:

- Fun Activities, Parenting Advice and more structured support, including:
- Personal Development
  - Family Drop In
  - Trips & Events
  - Guidance & Information Service
  - Lunch Club

If you fancy a chat or wish to find out more about the Family Support Service please contact Lindsay Cooper on 028 9079 9912.

## Other Groups at Greenway

### Wonder Women

For Women under 50  
Day: **Wednesday**  
Time: **10.00am - 1.00pm**  
Cost: **please speak to tutor**

**If you would like to take part in this class please contact:**

Stephanie Waite: 028 9079 9912

### Recycled Teenagers

For Women over 50  
Day: **Tuesday**  
Time: **11.30am - 1.30pm**  
Cost: **please speak to tutor**

**If you would like to take part in this class please contact:**

Helen Harris: 028 9079 9912

### Focus Groups/One-off Workshops

*Expression of Interest:*

If you would like to take part in Focus Groups/One-off Workshops please register with Helen Smyth, Training & Education Officer:  
T: 028 9079 9912

E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### East Belfast Mission – Stepping Stone

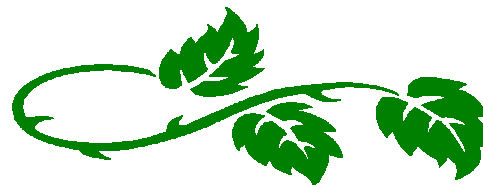
*Expression of Interest:*

Stepping Stone offers support and advice regarding CVs, job applications etc. For more information please register with Helen Smyth, Training & Education Officer:  
T: 028 9079 9912

E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

Greenway Women's Group

## SERVICE PROGRAMME September 2018



*'Greenway Women's Group exists to provide positive opportunities for women to achieve their potential, through recognising and respecting them as individuals. We achieve this by breaking down the barriers which prevent women's full participation in society; specifically targeting social need within Cregagh and the wider community.'*

Greenway Women's Centre  
19 Greenway  
Cregagh Road  
Belfast  
BT6 0DT

☎ **028 9079 9912**

[www.greenwaywomenscentre.org](http://www.greenwaywomenscentre.org)  
[facebook.com/GreenwayWomensCentre](https://facebook.com/GreenwayWomensCentre)



## Greenway Sessional Day Care

Greenway Sessional Day Care provides top quality childcare for pre-school children.

Greenway Sessional Day Care is operated by a team of childcare workers.

Childcare staff are qualified in Childcare & Education, Child Protection and First Aid.

All staff, volunteers and trainees are vetted by Social Services.

**For further details please contact:**

**Joanne Leetch on 9079 9912**  
or call in to Greenway.

Please note: as we are a registered Sessional day care and not full day care there are some restrictions on the length of time your child can attend the Sessional day care in one day. These restrictions are kept to two two-hour sessions. Therefore, the maximum length of time your child can attend the Sessional day care in one day is a total of four hours.

	Start Date	Time	Duration	Cost
<b>MONDAY</b>				
Wellbeing Services	10 <sup>th</sup> September 2018	10am-1pm	ongoing	East Belfast Mission
Knitting Class	10 <sup>th</sup> September 2018	11.30am - 1.30pm	10 weeks	Voluntary donation £10
Step 1 Computer Class	17 <sup>th</sup> September 2018	9.30am - 11.30am	30 weeks	Voluntary donation £10
Dealing with the Past	17 <sup>th</sup> September 2018	9.30am – 11.30am	10 weeks	Good Relations Project (accredited)
<b>TUESDAY</b>				
Essential Skills Literacy	18 <sup>th</sup> September 2018	9.30am - 11.30am	30 weeks	Voluntary donation £10
Stress Management	18 <sup>th</sup> September 2018	11.30am – 1.30pm	10 weeks	Good Relations Project
<b>WEDNESDAY</b>				
How to say NO?	12 <sup>th</sup> September 2018	9.30am - 11.30am	6 weeks	B.U.R.C
Stepping Stone Drop In	19 <sup>th</sup> September 2018	10am-12pm	ongoing	East Belfast Mission
Basic IT Class	19 <sup>th</sup> September 2018	11.30am - 1.30pm	30 weeks	Voluntary donation £10
<b>THURSDAY</b>				
Creative Writing Class	13 <sup>th</sup> September 2018	11.30am - 1.30pm	6 weeks	£30 must be paid upfront
Step 1 Computer Class	20 <sup>th</sup> September 2018	9.30am - 11.30am	30 weeks	Voluntary donation £10
Essential Skills Numeracy	20 <sup>th</sup> September 2018	9.30am - 11.30am	30 weeks	Voluntary donation £10
<b>FRIDAY</b>				
Health Programme	14 <sup>th</sup> September 2018	10am-12pm	6 weeks	EBCDA
Maternal Mental Health Project	14 <sup>th</sup> September 2018	9.30am - 11.30am	6 months	WRDA
Write Here Write Now	14 <sup>th</sup> September 2018	11.30am - 1.30pm	10 weeks	£30 must be paid upfront

**Enrolment for all classes will take place from Monday 3<sup>rd</sup> September to Friday 7<sup>th</sup> September 2018, between 9.30am and 1.00pm daily.**

Please Note: You **must** register in person for all classes

If you would like to discuss any aspect of the programme, please contact Helen Smyth at Greenway Women's Centre.

Telephone: 028 9079 9912 ext 202 (9am-2pm) or Email: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)