



Greenway

Women's Centre

## Monthly Newsletter

*Welcome to the September 2018 edition of the Greenway Newsletter*

### **New Courses at Greenway Women's Centre...**

<b>Wellbeing Services</b>	10/9/18	10am-1pm	ongoing	East Belfast Mission
<b>Knitting Class</b>	10/9/18	11.30am-1.30pm	10 weeks	Voluntary donation £10
<b>Step 1 Computer Class</b>	17/9/18	9.30am-11.30am	30 weeks	Voluntary donation £10
<b>Dealing with the Past</b>	17/9/18	9.30am-11.30am	10 weeks	Good Relations Project
<b>Essential Skills Literacy</b>	18/9/18	9.30am-11.30am	30 weeks	Voluntary donation £10
<b>Stress Management</b>	18/9/18	11.30am-1.30pm	10 weeks	Good Relations Project
<b>How to say NO?</b>	12/9/18	9.30am-11.30am	6 weeks	B.U.R.C
<b>Stepping Stone Drop In</b>	19/9/18	10am-12pm	ongoing	East Belfast Mission
<b>Basic IT Class</b>	19/9/18	9.30am-12.30pm	8 weeks	Voluntary donation £10
<b>Creative Writing Class</b>	13/9/18	11.30am-1.30pm	6 weeks	£30 to be paid upfront
<b>Step 1 Computer Class</b>	20/9/18	9.30am-11.30am	30 weeks	Voluntary donation £10
<b>Essential Skills Numeracy</b>	20/9/18	9.30am-11.30am	30 weeks	Voluntary donation £10
<b>Health Programme</b>	14/9/18	10am-12pm	6 weeks	EBCDA
<b>Maternal Mental Health Project</b>	14/9/18	9.30am-11.30am	6 months	WRDA
<b>Write Here Write Now</b>	14/9/18	11.30am-1.30pm	10 weeks	£30 to be paid upfront

### **Enrolment Week:**

**Monday 3 September - Friday 7 September, 9.30am - 1.30pm daily.**

*Please Note: Enrolment for all courses must be made in person.*

**For further details on all new courses or for more information on any aspect of training and education at Greenway Women's Centre please contact Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912    E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

### **EBM Open Day**

East Belfast Mission will be holding an Open Day at Greenway on Monday 3 September, 9.30am-1pm providing information on their services, including Lemus+ Project, Wellbeing Services & Stepping Stone.

### **At Greenway Women's Centre we offer:**

- Top Quality Childcare Services
- Family Support Services
- Education & Training Programmes
- Essential Skills Support
- Health & Wellbeing Courses
- Volunteering Opportunities
- Free Classes
- Workshops
- Special Events

**Opening Hours: 9am - 4pm, Monday - Friday**

***Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.***

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.

### Volunteering Opportunities at Greenway

Volunteers are essential to the day to day services we are able to offer at Greenway Women's Centre. Volunteering is a great way to meet new people, develop new skills and build confidence and self esteem.

**Roles available: Reception\*; Drop-In\*; Cleaning\*; Childcare\*\***

\*All volunteers must be successfully vetted through Access NI before they can commence their role.

\*\*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.

**Full training is provided prior to commencing any volunteering role.**

**If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.**

### Stepping Stone Employability Project

If you are unemployed and looking for employment Stepping Stone can offer support and advice on a range of issues, including CVs, qualifications and confidence building.



An Employment Mentor holds a Drop In at Greenway Women's Centre on **Wednesday mornings**, between 10am and 12pm, offering FREE practical help and support.

**New Session begins: Wednesday 19 September 2018**

**For more information please contact Greenway on 9079 9912.**



Belfast City Council

**Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

### Recycled Teenagers

The Recycled Teenagers are a group of women over 50 who meet at Greenway Women's Centre every Tuesday, between 11.30am and 1.30pm, for chat, activities and outings.

**New Session begins: Tuesday 11 September 2018**

**For more information please contact Helen Harris on 9079 9912.**

### Wonder Women

Wonder Women are group of young (and youngish) women, who meet at Greenway Women's Centre every Wednesday, between 10am and 12pm.

**New Session begins: Wednesday 12 September 2018**

**For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: manager@greenwaywomenscentre.org**

**If you would like to be added to our mailing list to receive information on classes and events at Greenway Women's Centre, please forward your name and email address to**

**Greenway's Training & Education Officer, Helen Smyth.**

**T: 028 9079 9912 E: training@greenwaywomenscentre.org**



**Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence.**



**'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

**19 Greenway, Cregagh Estate, Belfast BT6 0DT**

**T:028 9079 9912 E:manager@greenwaywomenscentre.org W:www.greenwaywomenscentre.org**



- find us at [www.facebook.com/GreenwayWomensCentre](http://www.facebook.com/GreenwayWomensCentre)